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Influences on relationship expectations

KS3 Year 8 Lesson 2

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Learning objective

- We are learning how to challenge unrealistic relationship expectations.

Learning outcomes

- I can justify my views around expectations in relationships
- I can explain issues relating to the sharing of sexual images
- I can explain how the media can distort relationship expectations

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Values

Read the statement and decide if you agree or disagree with it.

If you think it depends, write what you think it would depend on in the middle column on your sheet.

Agree

Depends on...

Disagree

Share your views with others and identify any points of disagreement.

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Sending nudes

Jasmin is 13. She met her partner, who is 15, online and they have been going out for three weeks.

She's sent them some pictures, but they keep hinting they'd like to see more of her body.



How might Jasmine be feeling?
What might Jasmine be thinking?



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Sending nudes: advice

Work in groups to imagine you are a group of Jasmine's friends.

- What could you say to reassure Jasmine?
- What could you advise Jasmine to do?



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Sending nudes

Taylor is 15. All their friends say they've had sex and have shared loads of sexy photos to prove it.

Taylor feels pressure to get photos from their partner to share too.



How might Taylor be feeling?
What might Taylor be thinking?



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Sending nudes: advice

Work in groups to imagine you are a group of Taylor's friends.

- What could you say to reassure Taylor?
- What could you advise Taylor to do?



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Comparing the scenarios

Jasmin is 13. She met her partner, who is 15, online and they have been going out for three weeks.

She's sent them some pictures, but they keep hinting they'd like to see more of her body.

Taylor is 15. All their friends say they've had sex and have shared loads of sexy photos to prove it.

Taylor feels pressure to get photos from their partner to share too.

Does anything strike you about the two scenarios?

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Gender expectation stereotypes

Using the titles around the room, draw and write any gender stereotypes or news stories you are familiar with.

Include an explanation of why such stereotypes or incidents are unacceptable.

Sports and leisure time

Clothing

Job roles

Behaviour and traits



Remember the ground rules: avoid offensive terms

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Helping a friend



Using the worksheet, offer advice and support to a friend.



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Signposting support

If you would like further guidance or support:

- speak to a parent/carer, tutor, head of year, school nurse/counsellor or other trusted member of staff in the school

Visit:

- A Better Medway: www.abettermedway.co.uk
- Brook: www.brook.org.uk/help-advice
- Childline: www.childline.org.uk 0800 1111



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More activities

Video resources

Watch the film [Sending nudes ft. Beauty Spectrum](#) and discuss the issues raised. You could create a class list of reasons for and against sending nude images.



Ten points I have learned

List 10 points about sending nudes or the influence of the media (could be facts, consequences, legal issues etc.). Share the list with the rest of your group and use their feedback to refine your list.

Can you explain the law relating to the sharing of sexual images to a partner?



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